

FAST Times for Fall, 2017

Functional Amputee Support Team

of Orange County, California - Vol. 25 (FALL 2017) No. 03 - Page 1



Dear FAST Members,

Hope you have had a great summer and survived our heat and humidity with no problems.

FAST has been hard at work under new president Dick Fuller. We went bowling, and, as always, had a “ball” (pun intended). It is great to get together just for fun. No discussion about aches and pains and problems. Many of us also attended the First Annual Bill Platka Memorial Picnic put on by FAST and Southern California Prosthetics. Rick Meyer and his group did a great job of assembling this event which took place in William R. Mason Park in Irvine. It was such a good place that we are having our annual picnic there October 14. Our regular park is closed for renovation so we had to move elsewhere. Thank you Rick for introducing us to this place.

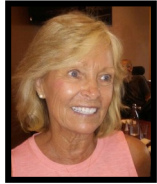
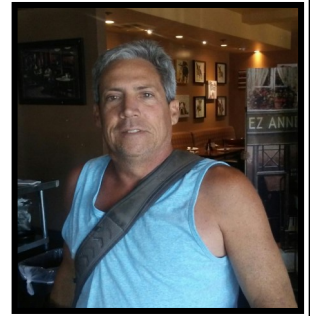
WE know that some of you are turned off by the sameness that we do at our meetings - the usual prosthetists and speakers. Dick Fuller is asking all of you to contact him or Nancy about what you would like from FAST. What you would like to do, who you would like to hear from, what subjects are of interest to you. Nancy has already heard from a few of you, but there are many of you out there and we want to know what you want. We know that our membership is dropping and we want to know what will be of interest and to draw you back and welcome new members.

Congratulations to the following members who attended an all-day class to become certified peer visitors. Stu Boeg, Joe Buracchio, Dick Fuller, Al Krueger, Maria and Bill Lindahl and Nancy Platka. Additionally there were members from Amp’d Up and people from Santa Barbara, Pasadena, Whittier. It was a very long day, but we all learned lots – what to say and what not to say. As we learned, there are many new amputees each day, and we are there to help them out.

We hope to see you at the picnic and at any and all of our meetings at 17th Street Grill in Tustin. Also, remember, December 10 is our annual Holiday Party. Gift exchange, 50-50 cash game and a chance to help others by bringing an “angel” gift for Senior Santa. Hope to see you soon.

Speaker's Of The House

This was another wonderful round table meeting sharing thoughts and ideas from all attending's and most importantly electing our new F.A.S.T. president, Dick Fuller. Dick has been a long time member of F.A.S.T. and past inspirational speaker.



Dick is currently evaluating our next picnic location. Also at the meeting was a new member, Suzi Luke. Suzi volunteered to take on the job of Answering Service coordinator.

7-8-2017

Fast and SCP honored the life of **Bill Platka** with **The First Annual Bill Platka Memorial**

The First Annual *Bill Platka* Memorial

7-29-2017



Willis Sutcliff, MPT, ATC

IMPACT Rehabilitation Center

Willis said that he started at a company by the name of **SCope** and studied gait training with **Bob Gailey**, a specialist in gait training. Willis talked about improving the need to change prosthetics to meet your current needs. He explained the use of a device called 'Solo-Steps'. The 'Solo-Step' is an overhead track and harness system designed to protect patients from failing during the rehabilitation process. Without utilizing parallel bars the patients can practice going over and around items without the fear of falling.

Impactrehabcenter.com - 255 N. Tustin St., Orange, CA 92867

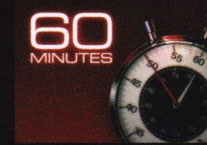
9-9-2017



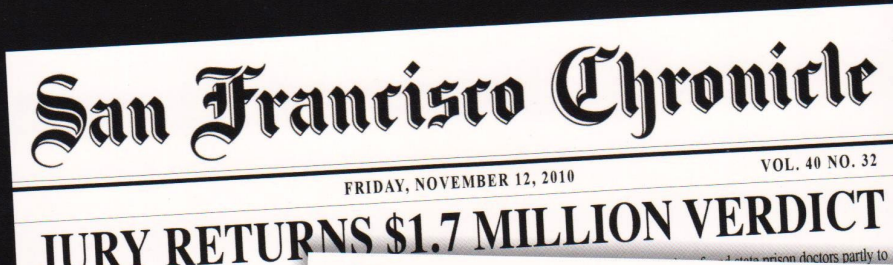
National Public Radio
Features Conal Doyle's argument
before U.S. Supreme Court



Consumer Attorneys
Association of Los Angeles
"2011 Trial Lawyer of the Year"



Conal Doyle's legal work
highlighted on 60 Minutes



San Francisco Chronicle

FRIDAY, NOVEMBER 12, 2010

VOL. 40 NO. 32

JURY RETURNS \$1.7 MILLION VERDICT

Bob Egelko,
Chronicle Staff Writer

A jury has hit the state with \$1.73 million in damages of an illegal immigrant who died of penile cancer more than a year in state and federal custody.

The Los Angeles Superior Court jury found blame Wednesday for the death of Francisco Castaneda in a separate suit against the federal government is in April, the family's lawyers said Thursday. Castaneda entered the United States with his country's



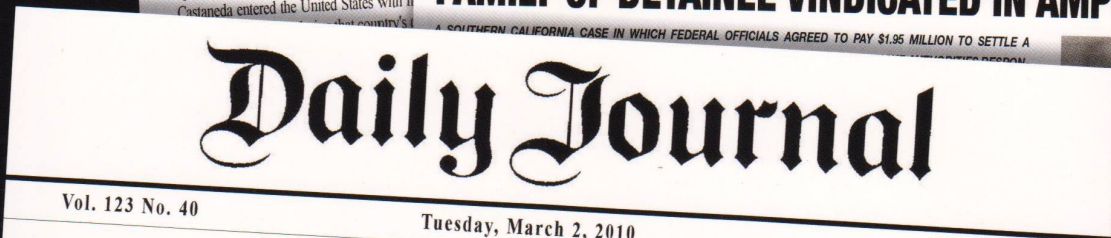
Los Angeles Times

Vol. 214 No. 53

April 8, 2011

FAMILY OF DETAINEE VINDICATED IN AMPUTATION CASE

A SOUTHERN CALIFORNIA CASE IN WHICH FEDERAL OFFICIALS AGREED TO PAY \$1.95 MILLION TO SETTLE A



Daily Journal

Vol. 123 No. 40

Tuesday, March 2, 2010

For Amputees, An Attorney Who Knows Their Pain

Conal Doyle Lost His Leg At Age 2; Now, the Plaintiff's Lawyer Heads to the High Court

By Lawrence Hurley
Daily Journal Staff Writer

WASHINGTON - When Conal Doyle walks to the lectern at the U.S. Supreme Court Wednesday, he will do so with a detectable limp. The California-based plaintiff's lawyer, who recently released

Doyle, a keen skier, needs no such assistance.

Fitted with a prosthetic leg, Doyle regularly represents amputees, often on a pro bono basis when they are battling for insurance coverage.

"It helps me to empathize with my clients and with technical issues related to prosthetics," he said of his own experiences in an interview with the




Doyle is an award winning trial attorney whose work has been reported in the media worldwide.

DOYLE LAW is a law firm that focuses on representing prosthetists and amputees in insurance and personal injury claims. Firm principal CONAL DOYLE is a right leg amputee who has walked with the aid of prosthetics for more than forty years. He has an in-depth knowledge of the prosthetic industry and the daily struggles of every amputee.

We provide a FREE consultation to the prosthetic industry and their patients to determine whether an insurance claim for prosthetic benefits has been wrongfully denied. The Firm has a long track record of getting claims paid and obtaining significant six figure recoveries for amputees whose claims have been wrongfully denied.

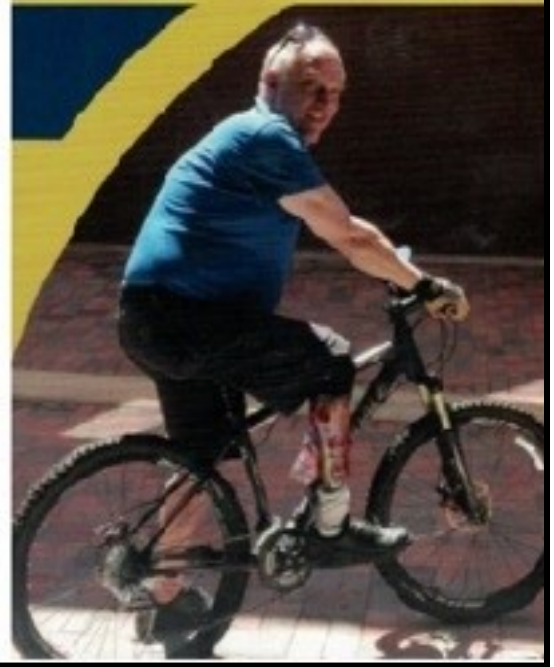
The Firm has a national reputation as a leader in the area of amputee rights and personal injury litigation. Conal Doyle's publication, "Glimpsing the Future for an Amputee" is used as a guide for litigation limb loss cases by attorneys across the nation. The Firm has obtained numerous multi-million dollar recoveries for the injured. Conal provides a FREE consultation.

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Better Homeowners

Information to Improve Homeownership



Emergency Kit for the Car

Mickey Mantle said "If I knew I was going to live this long, I'd have taken better care of myself." Similarly, if people planning their summer travel knew they were going to have an emergency, they would have the right things available. Only 5% of drivers carry all recommended emergency supplies in their cars.

The Federal Emergency Management Agency (FEMA) recommends that all Americans have some basic supplies on hand in order to survive for at least three days if an emergency occurs. Some of these things would be more important if you lived or traveled in remote areas.

- Reflective hazard triangle or road flares
- Spare tire
- Jumper cables
- First-aid kit
- Flashlight and extra batteries
- Cell phone and charger
- Crucial medications
- Emergency radio with batteries
- Bottled water for each person and pet in your car
- Non-perishable, high-calorie food
- Distress signal flag
- Matches or lighter

During cold weather, additional items are recommended:

- Windshield scraper and brush
- Blankets and extra warm clothing
- Road salt or cat litter to help with tire traction
- Tarp for working outside in weather



It is recommended that emergency supplies should be checked at least twice a year to see that all of the items are in working order and in good condition. It is important that items are replaced if any of them are used during the year.

Dana Pope - Remax of Valencia

amputee-coalition.org - copy right protected article

Arlene



Bowling 2017 Photos



Winner for Perfect Score





Calendar for 2017

Jan. 14

Jan. 28 **Conal Doyle**

Feb. 11

Feb. 25 **Bowling Round 1, Main Place, Santa Ana**

March 11 **Class at Mariner's Church by Rick of SCP – 9 AM**

April 8 **Scott and Hobart**

May 13 **Jacqui Phillips of Freedom Innovations**

June 10 **Jim Semelroth from Southern Cal. Bluebird Club**

July 8 **Organizational meeting**

July 29 **Bill Platka Memorial Picnic for Amputees/Families**
- Sponsored by **FAST** and **Southern California Prosthetics**

Aug. 12 **Bowling and Pool**

Sept. 9 **Willis Sutcliff of Impact Physical Therapy**

Oct. 14 **Picnic — Irvine Regional Park**

Nov. 11 **Rick Myers, Prosthetist and FAST advertiser**

Dec. 10 **Holiday Party**

FAST Times is the publication of the Functional Amputee Support Team of Orange County, California, PO Box 7373, Orange, California, 92863-7373, phone (714) 284-5566, a not-for-profit organization whose sole purpose is to provide support for amputees. This non copyrighted newsletter is published four times each year, with a printed circulation of approximately 60 copies per issue, which are mailed to registered members of the support group at no charge, and each issue is also available online when published, for those members who have waived the print edition, at: <http://www.fastgroup.org> - and will be distributed through an email link to all subscribers who have waived the print edition.

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Articles are solicited from both the membership and professional community, and those submitted on paper will be returned only upon receipt of a stamped, self addressed envelope.

The preferred method of article submission is by email attachment to: **FAST**ofOC@aol.com. ATTN: Dick Fuller, **FAST** President and Assistant Editor. Nancy Platka Associate Editor, Bill Lindahl Editor, Gil Aguilar Treasurer, Maria Lindahl Secretary, and Suzi Luke communication coordinator.

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mailing address