

# ***FAST Times Autumn 2019***

***Functional Amputee Support Team***

of Orange County, California - Vol. 26 (Fall 2019) No. 07- Page 1

**CSUDH Prosthetic Students are conducting research studies and are looking for participants! Please check for directions to participate. Results will be shared with participants to help educate the amputee community.**

**These research studies only require filling out a short survey:**

Does using adaptive equipment increase quality of life?

Survey link: <https://forms.gle/V56VNy4JV4qZKBXq7>

Contact Daicy for any questions at [daicyluo@gmail.com](mailto:daicyluo@gmail.com)

Is high salt intake associated with lower socket comfort?

Survey link: [https://docs.google.com/forms/d/](https://docs.google.com/forms/d/e/1FAIpQLSc40xz5kkSO5l85ZKm8jgPwxrDwkGyuPBFRPKnU6JIA95XKGA/viewform)

[e/1FAIpQLSc40xz5kkSO5l85ZKm8jgPwxrDwkGyuPBFRPKnU6JIA95XKGA/viewform](https://docs.google.com/forms/d/e/1FAIpQLSc40xz5kkSO5l85ZKm8jgPwxrDwkGyuPBFRPKnU6JIA95XKGA/viewform)

Contact Kaylee for any questions at [kclary1@toromail.csudh.edu](mailto:kclary1@toromail.csudh.edu)

What is the relationship between body image and time since amputation?

Survey link: [https://docs.google.com/forms/d/](https://docs.google.com/forms/d/e/1FAIpQLSdLP4sle1PuybN0TfrzbXBElInJTX9UAlpcFLt_40NGvrAdng/viewform?vc=0&c=0&w=1)

[e/1FAIpQLSdLP4sle1PuybN0TfrzbXBElInJTX9UAlpcFLt\\_40NGvrAdng/viewform?vc=0&c=0&w=1](https://docs.google.com/forms/d/e/1FAIpQLSdLP4sle1PuybN0TfrzbXBElInJTX9UAlpcFLt_40NGvrAdng/viewform?vc=0&c=0&w=1)

Contact Dana for any questions at [dana.green.6@gmail.com](mailto:dana.green.6@gmail.com)

Is level of activity related to socket comfort scores?

Survey link: <https://docs.google.com/forms/d/1FlpLcEThJ6Wfp5Azbnw5Xa2IWqlXbsmrt9VH97F5ja0>

Contact Morgan for any questions at [mlishawa1@toromail.csudh.edu](mailto:mlishawa1@toromail.csudh.edu)

**These research studies require an in-person visit:**

Do transtibial amputees experience significant differences between perceived vs actual limb location?

The study will include a test of your knee joint position awareness.

Contact Brianna at [bheath1@toromail.csudh.edu](mailto:bheath1@toromail.csudh.edu) to participate

Is there a relationship between risk of falls and level of socket comfort?

This study includes a questionnaire and an outcome measure

Contact Celestia at [cdavila18@toromail.csudh.edu](mailto:cdavila18@toromail.csudh.edu) to participate

***Dick Fuller***



## Speaker's Of The House



### Canine Companions

Scott Bourdelais and his 4th new dog Danny in training. When Scott receives a new puppy it takes 3 to 6 months to train them with about 30 verbal commands. There are six training facilities and 1,000 dogs in training at any one



time and there are 10 to 14 graduating teams per quarter. The majority of service dogs are black and yellow Labrador Retrievers. They are bred to be calm and gentle. Scott mentioned that only about 50% of dogs make it as service dogs. Service dogs normally retire after 10 to 12 years of service. The dogs are matched and trained for the new owner's special needs at a cost of \$50,000 each.

**"Canine Companions for Independence"** is the largest non-profit organization provider of assistance dogs started 41 years ago.

We were also glade to welcome a new visitor from 'Fudge Family Acute Rehabilitation Center', **Monica Jones**, RN, BSN, CRRN.

Had a good tip from **Tim Moussean**.

After years of fitting skin sores, he switched to silicon liners and his skin break downs disappeared.



## Seeking Models for Orthotics & Other Prosthetics Programs

That was the topic of todays meeting.

At our meeting we had 7 students from Cal State (**CSUDH**) who are studying to be prosthetists/orthotists. The Masters of Science program in Orthotics and Prosthetics would like to employ individuals to act as patient models. They are in dire need of models to practice and learn their most exciting and gratifying trade. Not only are models needed but there is also the need for volunteers to participate in the studying of amputee lifestyles to gain further knowledge. This is an opportunity to assist in the training of future practitioners.

Listed below where the presenters from CSU that are participating in the Masters program and their area of study .

**Megan Davies** - Do patients with a dominant side transtibial amputation have altered mobility and balance?

**Aldo Arias** - Is phantom limb pain related to time since amputation?

**Morgan Lishawa** - Is level of activity related to socket comfort scores?

**Kaylee Clary** - Is high salt intake associated with lower socket comfort?

**Brianna Heath** - Do transtibial amputees experience significant differences between perceived vs actual limb location?

**Celestia Davila** - Is there a relationship between risk of falls and level of socket comfort?

**Dana Green** - Relationship Between Body Image and Time Since Amputation.



If you are at all interested in participating or just getting more information:

### **Contact:**

Elisabeth Rollo (562) 735-3300 x 301  
erollo@csudh.edu

### **Where:**

CSUDH Center for Orthotic and Prosthetic Education  
10641 Calle Lee, Ste. 185, Los Alamitos, CA 90720







National Public Radio  
Features Conal Doyle's argument  
before U.S. Supreme Court



Consumer Attorneys  
Association of Los Angeles  
"2011 Trial Lawyer of the Year"



Conal Doyle's legal work  
highlighted on 60 Minutes

## San Francisco Chronicle

FRIDAY, NOVEMBER 12, 2010

VOL. 40 NO. 32

### JURY RETURNS \$1.7 MILLION VERDICT

Bob Egelko,  
Chronicle Staff Writer

A jury has hit the state with \$1.73 million in damages for an illegal immigrant who died of penile cancer more than a year in state and federal custody.

The Los Angeles Superior Court jury found blame Wednesday for the death of Francisco Calles, a 41-year-old man who died of penile cancer in April, the family's lawyers said Thursday. Calles entered the United States with his wife and two children in 2007.

## Los Angeles Times

Vol. 214 No. 53

April 8, 2011

### FAMILY OF DETAINEE VINDICATED IN AMPUTATION CASE

A SOUTHERN CALIFORNIA CASE IN WHICH FEDERAL OFFICIALS AGREED TO PAY \$1.95 MILLION TO SETTLE A

## Daily Journal

Vol. 123 No. 40

Tuesday, March 2, 2010

### For Amputees, An Attorney Who Knows Their Pain Conal Doyle Lost His Leg At Age 2; Now, the Plaintiff's Lawyer Heads to the High Court

By Lawrence Hurley  
Daily Journal Staff Writer

WASHINGTON — When Conal Doyle walks to the lectern at the U.S. Supreme Court Wednesday, he will do so with a detectable limp. The California-based plaintiff's lawyer, who recently lost his leg, is expected to argue that the federal government's failure to provide him with a prosthetic leg in 1968 was a constitutional violation.

Doyle, a keen skier, needs no such assistance.

Fitted with a prosthetic leg, Doyle regularly represents amputees, often on a pro bono basis when they are battling for insurance coverage.

"It helps me to empathize with my clients and with technical issues related to prosthetics," he said of his own experience in amputee advocacy.



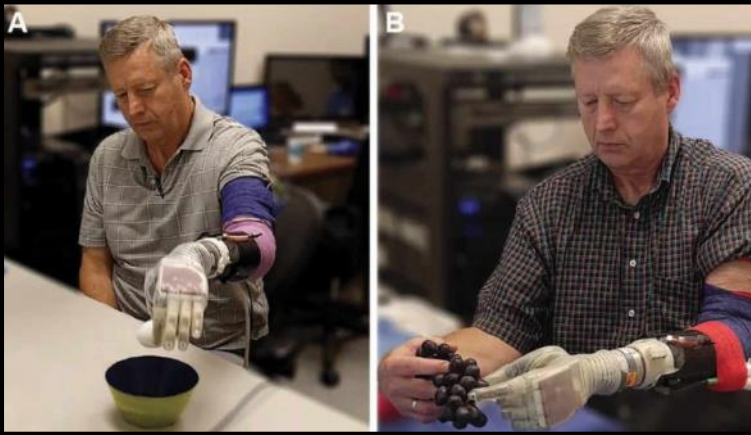
Doyle is an award winning trial attorney whose work has been reported in the media worldwide.

**DOYLE LAW** is a law firm that focuses on representing prosthetists and amputees in insurance and personal injury claims. Firm principal CONAL DOYLE is a right leg amputee who has walked with the aid of prosthetics for more than forty years. He has an in-depth knowledge of the prosthetic industry and the daily struggles of every amputee.

We provide a FREE consultation to the prosthetic industry and their patients to determine whether an insurance claim for prosthetic benefits has been wrongfully denied. The Firm has a long track record of getting claims paid and obtaining significant six figure recoveries for amputees whose claims have been wrongfully denied.

The Firm has a national reputation as a leader in the area of amputee rights and personal injury litigation. Conal Doyle's publication, "Glimpsing the Future for an Amputee" is used as a guide for litigation limb loss cases by attorneys across the nation. The Firm has obtained numerous multi-million dollar recoveries for the injured. Conal provides a FREE consultation.

## Scientists Have Created a Prosthetic Arm That Lets Patients Feel Touch Again



Article written by, Ed Cara Science writer at Gizmodo and pug aficionado elsewhere

Keven Walgamott using the LUKE to hold and move an egg {left} and pick grapes (right). Photo: George, et al (Science Robotics)

In 2016, Gregory Clark and his team recruited the aid of Keven Walgamott, who lost his hand and some of his arm in an accident around 15 years ago. Walgamott was implanted with the USEA, which was connected to an advanced prosthetic arm developed by the company Deka and named LUKE in honor of the prosthesis that the Luke Skywalker

donned in the Star Wars series. Then over the course of 14 months, Walgamott traveled to the university to test out the arm in their lab. When the interface was turned on (referred to as 'stimming' by Walgamott), he was not only capable of feeling the things his LUKE hand touched, but could distinguish between touching something soft or hard. That added sensitivity made it easier for Walgamott to pull off surprisingly complex movements, like picking grapes, delicately lifting a fragile box, or stuffing a pillow into its case. But most significant was how Walgamott reached emotionally while using the LUKE. "We can't yet fully replicate nature's rich repertoire of sensation and perception," he said. "But we can do far, far better than occurs when there's no sensation at all."

### **FAST ANNUAL PICNIC**

**Saturday, October 19th , 2019**

**10:30 am – 2 pm**

**William R Mason Regional Park - Shelter 1**

18712 University Drive, Irvine, CA 92612

Located SW of the 405 and 55 freeways

**Come for the Food**



**Stay for soccer! Fun Clinic 12:30 — 2 pm — Forearm crutches provided**

RSVP: [fastofoc@aol.com](mailto:fastofoc@aol.com)

### **Did You Know Corner**

Monty Franklin Pierce Stratton, nicknamed "Gander" for a trick pitch he developed, was a 6' 4" Major League Baseball pitcher. His major league career ended prematurely when a hunting accident in 1938 forced doctors to amputate his right leg. Fitted with a **wooden leg**, In a touching, courageous display, Stratton took the mound to demonstrate that he could still pitch, though he was unable to transfer his weight effectively to the artificial leg. Stratton played in the minor leagues from 1946 to 1953. His comeback was the subject of the 1949 film *The Stratton Story*, in which he was portrayed by Jimmy Stewart.

**Monty Stratton**





“She has loved her leg so far, and insisted on wearing it... she’s showed off her new leg to pretty much everyone she’s encountered.

—Morgan’s mom



Southern California Prosthetics



Morgan, age 5

Helping Ordinary People *Live* Extraordinary Lives



9272 Jeronimo Rd, Irvine, California | [www.scprosthetics.com](http://www.scprosthetics.com) | [info@scprosthetics.com](mailto:info@scprosthetics.com) | P: (949) 892-5338 | F: (949) 419-6478



FOUNTAIN

ORTHOTICS • PROSTHETICS

[www.fountainop.com](http://www.fountainop.com)

Specializing in Prosthetics and Orthopedic Bracing



**Fountain Valley**

(714) 210-1298

1652 Harbor Blvd., Ste. G  
Fountain Valley, CA 92708

**Fullerton**

(714) 871-

215 N Harbor Blvd, Ste. 200  
Fullerton, CA 92835

**Mission Viejo**

(949) 770-7331

25982 Pala Dr., Ste. 100  
Mission Viejo, CA 92691

**Newport Beach**

(949) 722-7101

35 Hospital Rd., 106  
Newport Beach, CA 92663

**Orange**

(714) 937-1998

62 North Main St.  
Orange, CA 92868

**Westminster**

(714) 373-9888

14450 Hoover  
Westminster, CA 92683

**LIFE IS CARE**

**L I C PROSTHETICS AND ORTHOTICS**



**Frederick Randjbar,**  
BOCPO, CPO(U.K.)  
Board Certified Prosthetist & Orthotist  
Director of LIC Prosthetics & Orthotics

Member of **ISPO**  
Member of **AOPA**



**CELL 714.788.6973**  
[LICPROSTHETICS@YAHOO.COM](mailto:LICPROSTHETICS@YAHOO.COM)

**321 E. CENTER STREET**  
**ANAHEIM, CA 92805**  
PHONE: 714.563.0056  
FAX: 714.563.0074

**You shop. Amazon gives.**

With the holidays soon to be approaching do not forget to shop for those valued gifts.

**Amazon** donates .5% of the price of your **eligible AmazonSmile** purchases to the charitable organization of your choice. (**FAST**).

**Shop at AmazonSmile**  
and Amazon will make  
a donation to:

**FAST**

**amazonsmile**

**Mission  
Prosthetics, Inc.**

**Rod Cuervo, CPO**  
Certified Prosthetist & Orthotist

320 South Tustin St.  
Orange, CA 92866  
Phone (714) 633-3222  
Fax (714) 633-2781  
rodmission@pacbell.net



**Creating a  
New Beginning**

**ARTISAN  
FOOT AND ANKLE  
SPECIALISTS**

23141 Moulton Pkwy Ste 109  
Laguna Hills, CA 92653  
26800 Crown Valley Pkwy Ste 420  
MISSION VIEJO, CA 92091

Devon Glazer DPM FACFAS  
Sam Nosrati DPM AACFAS

Tel: (949) 272-0007  
Fax: (949) 272-0006  
www.ArtisanFeet.com  
Office@artisanfeet.onmicrosoft.com

*Reconstructive Surgery & Conservative Care of the Foot & Ankle*

## Lenses for your changing visual needs

Whether you grew up with perfect vision or needed corrective lenses early in life, there are some inevitable vision changes that can take place as early as your 40s. Typically this is when presbyopia, a decline in your ability to focus close up, sets in. So, if you've celebrated the big "four-0" and you're starting to need a selfie stick to read your texts and e-mails, you could be presbyopic. If you also need vision correction to see far away, progressive lenses might be the perfect solution to address both needs. Instead of switching between a pair of glasses for reading and a pair for distance, progressive lenses allow you to see clearly near, far and everywhere in between.

Progressive lenses are considered superior to bifocals and trifocals because they provide a seamless (literally, the lenses are line-free) and more natural transition when switching between near and far viewing. Bifocals and Trifocals offer only 2-3 focal distances in the lenses. With all the choices of progressive lenses out there, surveys have shown that Unity Via Progressive Lenses provide the most advanced technology. Each pair is designed to give you clear vision wherever you look because the lenses are made precisely to fit the way your eyes work.

In addition to providing vision correction, certain lenses can also help defend your eyes against UV rays and blue light. Light-reactive lenses, like SunSync, quickly darken outdoors, blocking 100% of UV light and reducing your blue light exposure from the sun while minimizing glare. Indoors, these lenses return to clear, delivering precise vision and targeted filtration of blue light from digital screens and energy-efficient lighting. And if you're concerned about how long it takes for light-reactive lenses to get clear indoors, try Sun-Sync Elite which changes from dark to clear in seconds.

Annual eye exams can help you understand changes in your vision, eye health, and overall wellness. Not to mention, it's the perfect time to discuss which lens technology best fits your changing lifestyle.

© 2019 Vision Service Plan. All rights reserved.

<b>Husband</b>	"I thought you were dieting?"
<b>Wife</b>	"I am"
<b>Husband</b>	"You just ate 6 Oreos"
<b>Wife</b>	"Yes but I wanted to eat 12. <b>See, dieting works"</b>

**Things to do**

**Tip** your server. **Return** your shopping cart. **Pick** up a piece of trash. **Hold** the door for the person behind you. **Let** someone into your lane.

Small acts can have a ripple effect.  
**That's how we change the world.**





# Calendar for 2019



January 19 Rosie Days (Pain management).  
 February 16. Bowling at Round One at 10:30  
 March 16 Willis Sutcliff  
 April 20

May 18 Fred Randjbar  
 June 15  
 July 20 Scott from Canine Companions  
 August 17 Bowling

September 21  
 October 19. Picnic  
 November 16  
 December 21. Holiday Party

## Bowling 2019



**FAST Times** is the publication of the **Functional Amputee Support Team** of Orange County, California, PO Box 7373, Orange, California, 92863-7373, phone (714) 284-5566, a not-for-profit organization whose sole purpose is to provide support for amputees. This non copyrighted newsletter is published four times each year, with a printed circulation of approximately 60 copies per issue, which are mailed to registered members of the support group at no charge, and each issue is also available online when published, for those members who have waived the print edition, at: <http://www.fastgroup.org> - and will be distributed through an email link to all subscribers who have waived the print edition.

This link may also be freely disseminated to the general public around the world via the world-wide web (www). Articles appearing in the newsletter are based on the most reliable information at the time of publication. All copyrights belong to their respective authors.

Advertising space contained within the newsletter is sold for the sole purpose of paying publication costs, and no product or service endorsement on the part of this organization is implied or offered.

Articles are solicited from both the membership and professional community, and those submitted on paper will be returned only upon receipt of a stamped, self addressed envelope.

The preferred method of article submission is by email attachment to: **FASTofOC@aol.com**. ATTN: Dick Fuller **FAST** President and Assistant Editor. Nancy Platka Associate Editor, Bill Lindahl Editor, Gil Aguilar Treasurer, Maria Lindahl Secretary, Suzi Luke communication coordinator, and Dave Bernstein Mail Coordinator.

The **FAST Times** Newsletter of the  
Functional Amputee Support Team of  
Orange County, California  
PO Box 7373  
Orange, CA 92863-7373

To:

mailing address