

FAST Times Summer 2020

Functional Amputee Support Team

CORONAVIRUS UPDATE

of Orange County, California - Vol. 27 (Summer 2020) No. 02- Page 1

I'm giving up drinking for a month.

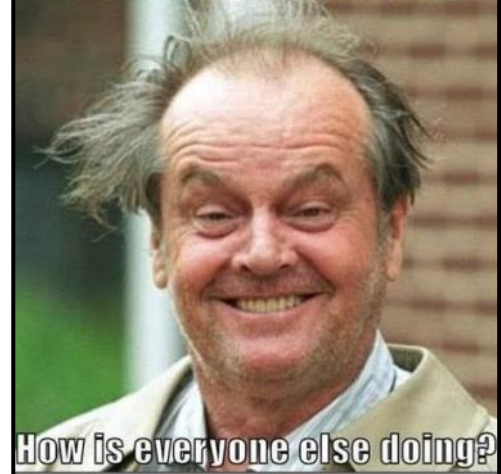
Sorry, bad punctuation.

I'm giving up. Drinking for a month.

Anger management:
When angry with someone,
it helps to sit down and
think about the problem...



I'm holding up just fine



How is everyone else doing?

I'm having a
quarantine party this
weekend!!

None of you are
invited.

THOUGHTS AND PRAYERS
GOING OUT TO ALL THE
MARRIED MEN WHO'VE SPENT
MONTHS TELLING THE WIFE

I'LL DO THAT WHEN I GOT TIME

Day 6 of Quarantine,
found a dead fly

Introducing the new "HOARDING EDITION"



shopping cart for all your paranoid needs...

Because of the huge
increase in deliveries,
FedEx and UPS have
joined forces and
are now Fed-Up



You may experience irritability and pain in
the hands and wrist...and that's just from
trying to get the cap off."

Half of us are gonna come out of this
quarantine as amazing cooks and the
other half is gonna come out with a
drinking problem. There is no in
between

Coronavirus throat spray



Scientists have yet to explain how 300 people can be working at a Wal-Mart but only 4 registers will be open.

www.funnywallphotos.com



So can we expect car insurance to go down since nobody can go anywhere? Just wondering JAKE from State Farm!

HOME SCHOOLING UPDATE:
MY CHILD JUST SAID
I HOPE I DON'T
HAVE THE SAME
TEACHER NEXT YEAR



WE ARE NOT FRIGHTENED ENOUGH TO EAT TOFO YET



HOW SOON AFTER
WAKING UP IS IT
OK TO TAKE A NAP?

Did a load of
pajamas so I would
have clean work
clothes this week.



National Public Radio
Features Conal Doyle's argument
before U.S. Supreme Court



Consumer Attorneys
Association of Los Angeles
"2011 Trial Lawyer of the Year"



Conal Doyle's legal work
highlighted on 60 Minutes

San Francisco Chronicle

FRIDAY, NOVEMBER 12, 2010

VOL. 40 NO. 32

JURY RETURNS \$1.7 MILLION VERDICT

Bob Egelko,
Chronicle Staff Writer

A jury has hit the state with \$1.73 million in damages for an illegal immigrant who died of penile cancer more than a year in state and federal custody.

The Los Angeles Superior Court jury found blame Wednesday for the death of Francisco Castaneda, a 42-year-old man who died in April, the family's lawyers said Thursday. Castaneda entered the United States with his wife and two children in 2007.

Los Angeles Times

Vol. 214 No. 53

April 8, 2011

FAMILY OF DETAINEE VINDICATED IN AMPUTATION CASE

A SOUTHERN CALIFORNIA CASE IN WHICH FEDERAL OFFICIALS AGREED TO PAY \$1.95 MILLION TO SETTLE A

Daily Journal

Vol. 123 No. 40

Tuesday, March 2, 2010

For Amputees, An Attorney Who Knows Their Pain Conal Doyle Lost His Leg At Age 2; Now, the Plaintiff's Lawyer Heads to the High Court

By Lawrence Hurley
Daily Journal Staff Writer

WASHINGTON — When Conal Doyle walks to the lectern at the U.S. Supreme Court Wednesday, he will do so with a detectable limp. The California-based plaintiff's lawyer, who recently

Doyle, a keen skier, needs no such assistance.

Fitted with a prosthetic leg, Doyle regularly represents amputees, often on a pro bono basis when they are battling for insurance coverage.

"It helps me to empathize with my clients and with technical issues related to prosthetics," he said of his own experience in



Doyle is an award winning trial attorney whose work has been reported in the media worldwide.

DOYLE LAW is a law firm that focuses on representing prosthetists and amputees in insurance and personal injury claims. Firm principal CONAL DOYLE is a right leg amputee who has walked with the aid of prosthetics for more than forty years. He has an in-depth knowledge of the prosthetic industry and the daily struggles of every amputee.

We provide a FREE consultation to the prosthetic industry and their patients to determine whether an insurance claim for prosthetic benefits has been wrongfully denied. The Firm has a long track record of getting claims paid and obtaining significant six figure recoveries for amputees whose claims have been wrongfully denied.

The Firm has a national reputation as a leader in the area of amputee rights and personal injury litigation. Conal Doyle's publication, "Glimpsing the Future for an Amputee" is used as a guide for litigation limb loss cases by attorneys across the nation. The Firm has obtained numerous multi-million dollar recoveries for the injured. Conal provides a FREE consultation.



Calendar for 2020



January 18		May 16		September 19	Rick Myers from SCP
February 15	Bowling and pizza at "Round 1", 10:30	June 20		October 17	<i>FAST</i> Picnic
March 21	Cancelled	July 18	Scott and his latest dog (maybe)	November 21	
April 18	Cancelled	August 15	Bowling and pizza at "Round 1", 10:30	December 19	Holiday Party

The police responded to a bank robbery in progress. When the police arrived, they did not know to arrest. They all had masks on.

How long have we been on Lockdown. 🤔👨👩



As people shelter in place and streets remain empty, the wildlife is returning to Inverness, Scotland ...



I feel like I'm 16 again
gas is cheap and I'm
grounded.

*I was lonely until I glued
a coffee cup onto my car*



Now everybody waves at me!

**Stepped on my scale
this morning and it
said: Please use social
distancing, one person
at a time.** 😭😭

They drove us mad with Corona...

We have become crazy.

I went to the bathroom at a restaurant. I washed my hands, opened the door with my elbow, I raised the toilet seat with my foot, I switched on the water faucet with a tissue then opened the bathroom door to leave with my elbow and when I returned to my table I realized....

I forgot to pull up my pants!!!



I'M SO BORED

**I WENT OUTSIDE TO
KNOCK ON MY OWN DOOR
THEN CAME BACK IN AND SAID
"WHO IS IT"**

**The buttons on my
jeans have started
social distancing from
each other**



Looking to rehome my humans. They are now here 24/7 and I can't catch a wink of my daytime sleep. Going for walks multiple times a day! Curtailing my squirrel and possum stalking. They be stinking up the house with bleach and just won't let me bark at the UPS man. Free to good home 😊



**The police want you to
know that running
from them is not
social distancing
LOL**

Famous quotes by famous people.

"If life were predictable it would cease to be life and be without flavor."
Eleanor Roosevelt

“She has loved her leg so far, and insisted on wearing it... she’s showed off her new leg to pretty much everyone she’s encountered.

—Morgan’s mom



Southern California Prosthetics



Morgan, age 5

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Three weeks of home schooling my 7, 9 and 12 year olds went surprisingly well! They have all graduated High School and are now ready to move out and get jobs when quarantine is over!

Returned from the grocery store with the hubby. Took masks off. It turned out it was the wrong hubby! Be attentive!

All those grandparents who are missing their grand kids right now. Once this is over you can have them for a month. Sincerely, a tired mom.

glad i didn't waste my money buying a planner for 2020

Cops these days be like:



Does anyone know how long toilet paper will last if you freeze it?

Marriage is a relationship in which one is always right and the other is the husband!

Hormel made their first batch of SPAM in 1937. The company has just announced that due to hoarding by consumers, they are going to make a second batch.



I have the most loving wife. Last night I woke up while she was holding a pillow tightly over my face to protect me from COVID19.

NEVER BUY A DOG WHEN YOU'RE DRUNK



Quarantine Meal Schedule

7am Breakfast
7:15 Dessert Breakfast
8:30 Panic Snack w/ news
9:45 Chocolate
11:30 Snack while standing up staring
12:30 Lunch w/ small dessert
2:00 Post nap luncheon
4:30 Trail mix
6:00 dinner w/ weird vibes
10:00 Ice cream

WHEN YOUR HAIR SALON IS CLOSED

BUT YOUR DOG GROOMER HAS A CANCELLATION

We will always remember the year 2000 as Y2K. I guess 2020 will be remembered as Y2 PLY!!

Duct Tape is NOT the solution to EVERY problem!



Eleanor Roosevelt

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**Creating a
New Beginning**

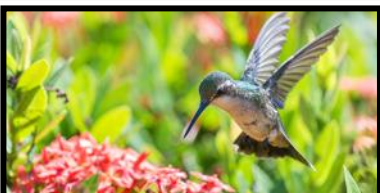
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Who wouldn't enjoy seeing more of these colorful, hypnotic, tiny birds humming around their backyard garden? We have some simple ideas to show you how to create your own hummingbird haven and get these fascinating creatures attracted to your yard.

Food Source

When plotting your hummingbird habitat, an essential factor will be to create and maintain their food source. After all, these little bundles of energy eat all day, flitting from 1,000 to 2,000 flowers a day. Why not make their efforts worthwhile by providing proper fuel?

Which Flowers Work Best

Visit your local nursery and learn which blooms will flourish best in your region before you start planting. You will want to choose a variety of flowers that will provide the hummingbird with a continuous food source from early spring through late summer. Also, use as many different color blossoms as possible. Hummingbirds are particularly attracted to the color red but will drink from any color bloom.

Creating your own hummingbird haven may take some experimentation. In the end, these little dynamos with an abundant appetite will charm their way into your garden and your life!



25-35M
HIV/AIDS
1981-PRESENT



12M
The Third Plague
1855



5M
Antonine Plague
165-180



3M
17th Century Great Plagues
1600



1.1M
Asian Flu
1957-1958



1M
Russian Flu
1889-1890



1M
Hong Kong Flu
1968-1970



1M
Cholera 6 outbreak
1817-1923



1M
Japanese Smallpox Epidemic
735-737



600K
18th Century Great Plagues
1700



271.7K*
COVID-19

2019-9:32AM PT, MAY 8, 2020 [ONGOING]

*Johns Hopkins University estimates



200K
Swine Flu
2009-2010



100-150K
Yellow Fever
LATE 1800s



11.3K
Ebola
2014-2016



850
MERS
2012-PRESENT



770
SARS
2002-2003

A series of **Cholera** outbreaks spread around the world in the 1800s killing millions of people. There is no solid consensus on death tolls. ↓



Sources:
CDC, WHO, BBC,
Wikipedia,
Historical records,
Encyclopedia Britannica
Johns Hopkins University



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Did You Know Corner

Aron Lee Ralston (born October 27, 1975) is an American outdoorsman, mechanical engineer and motivational speaker known for surviving a canyoneering accident by cutting off his own arm. During a solo descent of Bluejohn Canyon in southeastern Utah he dislodged a boulder, pinning his right wrist to the side of the canyon wall.



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